

<b>Beat und Time für 4/4-Takte</b>							
Angaben in Sekunden							
<b>BPM</b>	<b>1 bar</b>	<b>2 bars</b>	<b>4 bars</b>	<b>8 bars</b>	<b>12 bars</b>	<b>16 bars</b>	<b>32 bars</b>
48	5	10	20	40	60	80	160
52	4.6	9.2	18.4	36.8	55.2	73.6	147.2
56	4.3	8.6	17.2	34.4	51.6	68.8	137.6
60	4	8	16	32	48	64	128
63	3.8	7.6	15.2	30.4	45.6	60.8	126.6
66	3.6	7.2	14.4	28.8	43.2	57.6	115.2
72	3.3	6.6	13.2	26.4	39.6	52.8	105.6
76	3.1	6.2	12.4	24.8	37.2	49.6	99.2
80	3	6	12	24	36	48	96
84	2.8	5.6	11.2	22.4	33.6	44.8	89.6
88	2.7	5.4	10.8	21.6	32.4	43.3	86.6
92	2.6	5.2	10.4	20.8	31.2	41.6	83.2
96	2.5	5	10	20	30	40	80
100	2.4	4.8	9.6	19.2	28.8	38.4	76.8
104	2.3	4.6	9.2	18.4	27.6	36.8	73.6
108	2.2	4.4	8.8	17.6	26.4	35.2	70.4
112	2.1	4.2	8.4	16.8	25.2	33.6	67.2
116	2.05	4.1	8.2	16.4	24.6	32.8	65.6
120	2	4	8	16	24	32	64
126	1.9	3.8	7.6	15.2	22.8	30.4	60.8
132	1.8	3.6	7.2	14.4	21.6	28.8	57.6
138	1.7	3.4	6.8	13.6	20.4	27.2	54.4
144	1.65	3.3	6.6	13.2	19.8	26.4	52.8
152	1.55	3.1	6.2	12.4	18.6	24.8	49.6
160	1.5	3	6	12	18	24	48
168	1.4	2.8	5.6	11.2	16.8	22.4	44.8
176	1.35	2.7	5.4	10.8	16.2	21.6	43.2
184	1.3	2.6	5.2	10.4	15.6	20.8	41.6
192	1.25	2.5	5	10	15	20	40
200	1.2	2.4	4.8	9.6	14.4	19.2	38.4